

BACCALAURÉAT PROFESSIONNEL

ÉPREUVE ORALE SPÉCIFIQUE – ANGLAIS

**ACCOMPAGNEMENT, SOINS
ET SERVICES À LA PERSONNE**

**SECTION EUROPÉENNE
DURÉE DE L'ÉPREUVE : 20 minutes**

La calculatrice et le dictionnaire ne sont pas autorisés.

PREVENT THE DANGERS OF ALCOHOL ABUSE

Situation

You are having your work experience at the National Institute on Alcohol Abuse and Alcoholism (NIAAA), as an assistant of the health educator. You want to raise awareness among teenagers and young adults, aged 16/25 years old, about the dangers of alcohol abuse.

Tasks

You are expected to:

- find the most convincing arguments to avoid binge drinking,
- give advice about what to do when someone is drunk and wants to drive.

Vocabulary:

hangover: « gueule de bois »
to be impaired: en état d'ébriété

Binge drinking means to drink a large amount of alcohol in a short period of time. According to the National Institute on Alcohol Abuse and Alcoholism (NIAAA), binge drinking occurs when a person's blood alcohol content (BAC) reaches .08, which is roughly 5 drinks for men and 4 drinks for women in a 2-hour span of time.

Source : <https://www.bluecrestrc.com/how-to-stop-binge-drinking/>

WHAT BINGE DRINKING DOES TO THE BODY

SHORT TERM RISKS

MEMORY LOSS

BAD HANGOVERS

NAUSEA VOMITING AND SHAKES

ALCOHOL POISONING

INCREASED RISK OF PHYSICAL INJURY

LONG TERM RISKS

CONCENTRATION AND MEMORY PROBLEMS

BRAIN DAMAGE

MENTAL HEALTH ISSUES

ALCOHOL DEPENDENCY

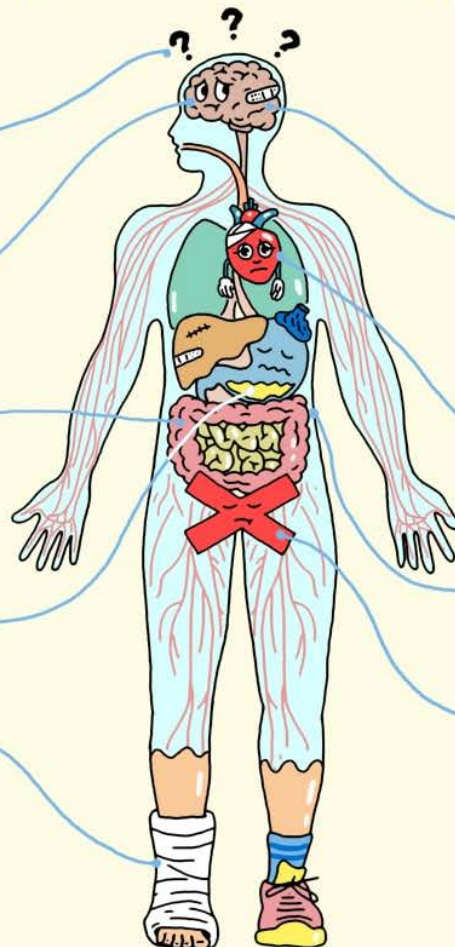
HEART PROBLEMS

DIABETES AND WEIGHT GAIN

LIVER DAMAGE

CANCER

SEXUAL PROBLEMS AND FERTILITY ISSUES



TIPS FOR HOW TO PREVENT SOMEONE FROM DRIVING DRUNK

The best way to prevent someone from driving drunk is to make a plan for a sober designated driver and make sure everyone agrees to it ahead of time! If you are faced with a situation where someone who's impaired is trying to drive, here are some tips on how to stop them:



1 BE AS NON-CONFRONTATIONAL AS POSSIBLE.



2 SUGGEST ALTERNATE WAYS OF GETTING TO THEIR DESTINATION.

A cab, a sober driver, public transportation, or an Uber are all good options.



3 REMEMBER THAT THE PERSON YOU ARE TALKING TO IS IMPAIRED.

Talk a bit more slowly and explain things more fully than if you were speaking to a sober person.



4 EXPLAIN THAT YOU DON'T WANT THEM TO DRIVE BECAUSE YOU CARE AND YOU DON'T WANT THEM TO HURT THEMSELVES OR OTHERS.



5 SUGGEST THAT THEY SLEEP OVER.



6 ENLIST A FRIEND TO HELP OR TO ACT AS MORAL SUPPORT.

It's more difficult to say "no" to two (or three or four) people than one.



7 IF POSSIBLE, GET THE PERSON'S KEYS.

It is far easier to persuade the potential driver when you hold this leverage.



8 IF ALL ELSE FAILS, CALL LAW ENFORCEMENT.

It's better to have a friend arrested than injured or killed.

